



About the Series: Life's a maze with many challenges, distractions, and obstacles, and sometimes we take a wrong turn or make foolish choices. The Book of Proverbs gives us practical ways to live wisely so as not to have so many regrets in life and helps us live in such a way that we fully enjoy our lives as God intended.

Part 6

Let's Talk About Sex

Proverbs 5:1-23, 6:24-35, 7:1-23 | Dr. Stephen G. Tan

DISCUSS

Throughout the Scriptures are many warnings about not committing sexual sins. Let's study what the book of Proverbs teaches about engaging in sexual sins and learn how we can live lives of holiness and purity as a testimony for the Lord, in a world that is hyper sexualized.

Accountability and constant reminders are needed to avoid sexual sins (v. 5:1-2, 7:1-5)

- According to these verses, what warnings were given to keep a person from falling into the seduction of sexual sins?
- Why is sexual sin so prevalent in society's worldview nowadays? How can you refute this worldview?

While the offer may be enticing, nothing good comes out of sexual sins (v. 5:3-6)

- How is sinful temptation pictured in these verses?

- Why are people easily fooled by sinful temptations?
- How should you guard yourself from engaging or entertaining this kind of temptation so that you will not fall?
- Why is it that nothing good could come out of sexual sins?

Flee from sexual immorality because the consequences are deadly (v. 5:7-8, 9-14, 6:24-35)

- How should fleeing from temptation and sexual immorality be done (read 1 Corinthians 6:18 and 2 Timothy 2:22)?
- Why do people entertain sexual sins knowingly or unknowingly?
- What can you learn from Joseph in Genesis 39:10 that kept him from falling to this kind of sin?
- What are the consequences of engaging in sexual sin listed in verses 9-14?
- Are you willing to potentially suffer all of the consequences, just for one night of momentary pleasure? Do you think it is worth it?
- How can sexual sins entangle and enslave a person? What happens when you put yourself in situations where you have a high probability to fall into sexual sins (6:24-35).
- What are the dangers mentioned from infidelity? What are the practical things you can do to avoid it?
- What are the three common temptation lies for sexual sins that should warn both men and women (7:6-23)?
- Why are men and women susceptible to lies such as: YOU are the only one for me, I LOVE YOU very much, and NO ONE will ever know that would cost him his or her life (James 1:15)?

Sex is a gift from God and to be fully enjoyed in a marriage relationship (v. 5:15-20)

- How is sexual intimacy being described in a marriage covenant?
- Why is it important to accept your spouse and be satisfied with him or her instead of comparing your spouse with someone else?
- Do you pray for your spouse to be Christ-like and for yourself as well? How do you think it will help your marriage if you have this kind of mindset?
- If you are single, how should you consider the person you'd like to marry in the future?

God sees all. There is nothing we can hide from Him (v. 7:21-23)

- What happens to a person who desires to engage in sexual sins, even knowing that God is watching?
- Why does God set boundaries for us to follow? Is it because He wants us to live a boring life? What kind of life does He want us to live as His child?

REFLECT

If you have engaged in sexual sins, what should you do? How can you start life anew? How can you overcome addictions such as pornography? What are the ways you can fill your mind with Godly things in order to have victory over sexual sins?

PRAY

Heavenly Father, I recognize that sexual sins are real. It is tempting and addicting that can destroy my life. Lord, help me to have the desire to live a life of holiness and purity in this hypersexual culture. May You help me to serve You as a witness for Jesus Christ as His follower. Please keep me away from anything that may lead me to fall into sexual sins. In Jesus' precious name. Amen.