

Time is *Gold* when it is **Time Alone** with **GOD**

Luke 22:39-46 | Rev. James Aberin

DISCUSS

Time alone with God is a *lifestyle* for every follower of Christ to help us remain faithful in the midst of temptation, firm in the midst of weakness and humble in the midst of suffering. Read Psalm 91:1-2.

- The writer of this Psalm used four precious names of God: God Most High—Elyon, God Almighty—El Shaddai, God the Lord—Yahweh, and My God—Elohay. What did the Psalmist declare about God in these verses?
- Does God wish harm on any of His children? What does He do when He allows hardships to happen to you?
- What lessons would He want you to learn through those hardships?
- The Psalmist must have had amazing confidence in God. Where was his confidence coming from (v. 1)?
- What does dwelling secret place refer to? Is it an actual place or a condition where you are willing to be transparent and honest with Him?
- What do you do when you have an “alone time” with God?
- Why is your time alone with God your lifeline, a lifestyle, a part of your life? If this is so, why do many Christians allow their “ears” to be deaf to God’s Word and leading?

Time alone with God is a quiet *location* where we seek solitude and uninterrupted time with God.

- What does time alone with God look like for the Savior in these verses: Luke 4:42, Luke 5:16, Luke 6:12, Luke 9:18? What do these verses tell you about the locations where Jesus spent time alone with God?
- When and where do you spend your time alone with God?

Read Luke 22:39-46 and Matthew 26:36-46.

- How did Jesus spend His time alone with God at the very end of His life? How did Matthew record in detail Jesus’ time alone with God?
- What are the benefits and values of time alone with God as shown in Jesus’ experience? How will it help you be faithful in the midst of temptation, be firm in the midst of weakness, be humble in the midst of suffering?

REFLECT

Has time alone with God taken a back seat in your life? Do you regularly pursue this golden routine of solitude? You have been invited to watch and pray as a lifestyle. What has been your response?

PRAY

Heavenly Father, I am just in awe that as human as I am, You have invited me to spend time alone with You, listening to me when I talk to You in prayer. Thank You that You are never too busy to listen to me. Help me to develop the lifestyle of spending time alone with You. In doing so, I would certainly be stronger in my confidence in You in times of temptation, weakness, and suffering. What a wonderful privilege to have this kind of intimate relationship with You, Father. In Jesus’ name. Amen.