

# A Portrait of HUMILITY

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## DISCUSS

What does humility mean to you? How do you personally define it? Why do you think humility is often seen as a challenging virtue to cultivate in today's society?

To develop humility, we need to cultivate these three mindsets as demonstrated by Jesus Christ:

### #1: Do Nothing Out of Selfish Ambition

- Think of an example from your own life or from the world around you where selfish ambition caused harm or division. In what ways does selfish ambition hinder our ability to live a humble life?
- Discuss how you can cultivate a mindset that is free from selfish ambition.

### #2: Value Others Above Yourself

- What does it mean to value others above ourselves?
- Why is it difficult to put others' needs and interests before our own?
- Share a personal experience when you witnessed someone valuing others above themselves. How did it impact you?
- How can you practically demonstrate this mindset of valuing others above yourself in your daily life?

### #3: Express Concern for the Interest of Others

- What does it mean to show concern for others?
- How can we differentiate between genuine concern and mere pretense or hypocrisy?
- Share an example of someone who showed genuine concern for you or for others. How did it make a difference?
- What are some practical ways you can demonstrate genuine concern for others in your family, community, or workplace?

## Four Steps to Humility

- In what ways can you sacrifice for the well-being and benefit of others?
- What challenges or reservations do you have about embracing the idea of submission?
- What are some practical ways we can adopt a servant's heart in our daily interactions?
- Why do you think suffering is included as a step toward humility?

## REFLECT

Reflecting on the three mindsets of Christ and the four steps to humility, which one resonated with you the most and why? How can we as Christians collectively cultivate a culture of humility within our church and beyond? What steps can you take, as an individual and as part of the church community, to grow in humility and reflect the mindset of Christ?

## PRAY

Gracious and loving Heavenly Father, I come before You today with a humble heart, seeking Your guidance as I apply Your Word in my daily life. Thank You for the Lord Jesus Christ, our perfect portrait of humility.

Lord, as I reflect on the mindsets of Christ and the call to humility, I recognize my own weaknesses and tendencies towards selfishness. I confess that at times I have failed to value others above myself and have been driven by my selfish ambition. Forgive me, Lord, and cleanse my heart from any pride or self-centeredness that hinders my ability to live a humble life. Help me to sacrifice my own desires and ambitions for the sake of others, just as Jesus did when laid down His life for me and for all. Grant me the strength and courage to submit to Your will, trusting that Your plans are perfect and higher than my own. Transform me to become a true servant, seeking opportunities to serve and bless others, without seeking recognition or reward. Remind me daily to walk in humility and imitate the mind of Christ. May my life be a reflection of Your love and humility, drawing others to You.

I ask all these things in Jesus' name. Amen.