



### #3: Toxic People

Dr. Stephen G. Tan | 1 Kings 2:1-46

#### ABOUT THE SERIES

The captivating life of King Solomon shows that even the wisest can climb sky-high or hit rock bottom. This series delves into his story to help us see how the choices we make shape our journey and determine the direction our lives take.

#### MESSAGE

Watch the sermon. As you watch, use the outline to follow along or take notes on anything that stands out to you.

#### NOTES

Most people talk about toxic relationships in the context of romance, but the reality is that any relationship can become toxic, including relationships with coworkers, in-laws, parents, siblings, and friends. How do we detox from toxic people? Here are 4 things we need to watch out for:

**Watch out for people who FEEL ENTITLED (v. 1-25)**

**Watch out for people who VALUE TITLES (v. 26-27)**

**Watch out for people who CANNOT BE TRUSTED (v. 28-35)**

**Watch out for people who LACK SELF-CONTROL (v. 36-46)**

#### REFLECT and DISCUSS

1. Take a few minutes to talk about the message. Which of the traits described through King Solomon's experience resonated most strongly with your own experiences with toxic people?
2. If you could push a button and change a relationship in your life, what would it be? Why does that relationship bother you, and to what degree does it bother you?
3. What are you doing about it? If nothing, why? What could you do? What is stopping you?
4. If you are a follower of Jesus, to what degree do you place importance on drawing near to Him in order to avoid toxic relationships or to avoid becoming a toxic person yourself?

#### PRAYER

Close your time together with prayer.