

Fully Satisfied

Dr. Stephen Tan | John 6:22-40

MESSAGE

Watch the sermon. As you watch, use the outline to follow along or take notes on anything that stands out to you.

NOTES

In this life, we strive for and invest our time, efforts, and resources for things that we think will satisfy us physically, emotionally, and spiritually. But the satisfaction we derive from those pursuits doesn't last very long, does it? How can we achieve true and lasting satisfaction in life? Jesus' response to the three questions people asked Him in John 6:22-40 gives us three principles.

The things of the world will never truly satisfy because they are temporal (v. 25-27)

That which truly satisfies is given only as a free gift from God by His grace (v. 28-29)

Only the eternal life that Jesus Christ alone provides brings true satisfaction (v. 30-40)

REFLECT and DISCUSS

1. Take a few minutes to talk about the message. Note the context of the Bible passage and share observations and parts of the sermon that specifically stood out to you.
2. What are some pursuits that you find yourself focusing on more than your spiritual growth? How can you begin to shift your focus towards seeking eternal satisfaction in Jesus?
3. Do you believe that the way to eternal life in heaven is a free gift from God through faith in Jesus? If yes, how does it change your approach to living out your faith? If not, how does this concept challenge your perceptions about salvation?
4. Think about a time when you received an unexpected and undeserved gift. How did it make you feel? How can this experience help you appreciate God's grace more deeply?
5. Identify one specific way you can remind yourself daily that true satisfaction comes from Jesus alone. How can you incorporate this reminder into your routine?
6. How can you share the message of Jesus being the Bread of Life with someone who is seeking satisfaction in temporary things? What practical steps can you take to engage in this conversation?

PRAYER

Close your time together with prayer.