# **Patience**

Rev. Jonathan Banzuelo I 1 Corinthians 13:4-7

## **MESSAGE**

Watch the sermon. As you watch, use the outline to follow along or take notes on anything that stands out to you.

# **NOTES**

#### Patience is a form of action

- Patience with others is LOVE
- Patience with self is HOPE
- Patience with God is FAITH

# How do we grow in patience?

- I. Accept discomfort (James 1:2-3)
- 2. Practice the discipline of forgiveness (Ephesians 4:2)
  - o The patient person gives God time to act
  - The patient person considers the consequences before he/she acts
- 3. There is purpose in the process: (Galatians 6:9; Proverbs 14:29)
  - Increase your pain capacity
  - o Increase your relationship capacity
  - o Increase your exposure capacity
  - o Increase your character capacity

## **REFLECT and DISCUSS**

- 1. Take a few minutes to talk about the message. Is there any part of the message that specifically stood out to you?
- 2. How can the fruit of the Spirit, particularly patience, impact your personal growth and relationships?
- 3. Respond to this statement: "Gaano ka man ka-tama, kung habang pinapatunayan mong ikaw ay tama ay mukha ka namang may tama, mali ka pa rin." (Translation: No matter how right you are, if you look deranged/unhinged while proving you're right, you're still wrong.)
- 4. Patience involves engaging both the people and the process. Which do you find more challenging? Why is that so? What steps are you taking to grow in your patience?
- 5. How does trusting God's timing challenge your natural inclination when your prayers seem unanswered? Discuss ways that can help you continue to have faith in His plan.

## **PRAYER**

Close your time together with prayer.