



#4: Race Reminders

Dr. Stephen G. Tan | 1 Thessalonians 3:1-13

» Watch

Watch the sermon. As you watch, take notes on anything that stands out to you. Pay careful attention to the context of the biblical text, insights and principles highlighted, and any supporting scripture mentioned.

KEY TAKEAWAYS

Four Reminders for Christians to Finish the Race of Life Well

- Everyone needs encouragement
- Be prepared for the enemy's attacks
- Take time for spiritual maintenance
- Put Christ at the center of our lives

» Talk It Through

1. The Thessalonians faced trials and persecution but were encouraged to stay strong in their faith. What does this teach us about the role of encouragement in our spiritual journey? When have you received encouragement at just the right moment? How did it impact your situation or your faith?
2. The sermon talks about the importance of being prepared for spiritual attacks. What are some ways Satan tries to discourage believers, and how can we stay vigilant?
3. If you were to assess your spiritual life right now, would you say you're regularly maintaining it, or do you feel like you're running on empty? What might be causing that?
4. What practical steps can you take to keep Christ at the center of your daily life, especially when life gets busy or challenging?

» Pray

Close your time together with prayer.