



#5: Inward, Upward, and Outward

Dr. Stephen G. Tan | 1 Thessalonians 4:1-12

» Watch

Watch the sermon. As you watch, take notes on anything that stands out to you. Pay careful attention to the context of the biblical text, insights and principles highlighted, and any supporting scripture mentioned.

KEY TAKEAWAYS

- My INWARD Focus: Cultivating a sanctified, holy life
- My UPWARD Focus: Remembering God's assessment of me
- My OUTWARD Focus: Loving one another

» Talk It Through

1. What are some common distractions that pull people away from their spiritual growth? How can we stay focused on what truly matters in our walk with Christ?
2. Based on 1 Thessalonians 4:1-12, what did you learn about God's will for our lives and the importance of maintaining inward, upward, and outward focus?
3. When making decisions, do you find yourself more concerned about what God thinks or what people think? How has this affected your spiritual journey?
4. Paul encourages believers to "lead a quiet life, mind their own business, and work with their hands." In today's fast-paced, noisy world, what do you think it means to live a "quiet life," and why might that be important for spiritual growth?
5. What is one habit or mindset shift you can start this week to help you live more intentionally in line with God's will—whether by pursuing holiness, prioritizing God's approval, or showing love through practical service?

» Pray

Close your time together with prayer.