

To Be Happy

Dr. Stephen G. Tan | Matthew 5:1-12

Watch

Watch the sermon. As you watch, take notes on anything that stands out to you. Pay careful attention to the context of the biblical text, insights and principles highlighted, and any supporting scripture mentioned.

**** KEY TAKEAWAYS ****

Happy are...

- The poor in spirit
- Those who mourn
- The meek
- Those who seek righteousness
- The merciful
- The pure in heart
- The peacemakers
- Those who suffer for Christ

Talk It Through

1. When you think about happiness, what do you instinctively associate it with now, comfort, success, relationships, peace of mind? Has your definition of “happy” changed over the years?
2. From the Beatitudes, what stood out to you about how Jesus defines real happiness compared to how the world usually defines it? What did this message teach you about where joy actually grows, especially in seasons of hardship, disappointment, or waiting?
3. Which of the eight qualities mentioned feels most challenging for you right now? Where do you feel most tempted to chase happiness the world’s way instead of Christ’s way? Why do you think that one hits closest to home?
4. What is one small but intentional way you can live more aligned with God’s definition of happiness this week, at home, at work, or in your relationships?

Pray

Close your time together with prayer.