

# Accept What You Can't Change

Dr. Stephen G. Tan | Genesis 37:1-36

## Watch

Watch the sermon. As you watch, take notes on anything that stands out to you. Pay careful attention to the context of the biblical text, insights and principles highlighted, and any supporting scripture mentioned.

### \*\* KEY TAKEAWAYS\*\*

Areas of our lives that we can't change / have no control over:

- The family we grow up in
- Other's perception and feelings about you
- The circumstances and life experiences we undergo
- God is sovereignly in control of the world and our lives

## Talk It Through

1. Have you ever caught yourself thinking, "That's not fair"? What was the situation, and why did it bother you so much?
2. Joseph remained faithful even though he couldn't choose his family, control how others treated him, or avoid difficult circumstances. What does his example teach us about what faithfulness looks like when life feels unfair?
3. Joseph's circumstances kept getting worse, yet the chapter ends with a hint that God was still at work. What does this teach us about how God works, even when we can't see the bigger picture? How does Joseph's story challenge the idea that doing the right thing should always lead to an easier life?
4. Of the four areas mentioned in the sermon, which is the hardest for you to surrender to God: your family background, other people's opinions of you, difficult life circumstances, or trusting that God is in control? Why do you think that is?
5. The sermon reminded us that while we can't control everything, we can control how we respond. What's one situation you're facing today where God is calling you to respond with faithfulness and godly character? What would that look like in a practical way?

## Pray

Close your time together with prayer.