

Forgetting What is Behind

Rev. Eduardo Canlas | Philippians 3:1-13

Watch

Watch the sermon. As you watch, take notes on anything that stands out to you. Pay careful attention to the context of the biblical text, insights and principles highlighted, and any supporting scripture mentioned.

**** KEY TAKEAWAYS ****

Three Disciplines to Win the Race of Life:

- Attitude of Dissatisfaction
- Attitude of of Devotion
- Attitude of Determination

Talk It Through

1. It's easy to feel productive when we're busy, but being busy doesn't always mean we're growing. Have you ever had a season when you were doing a lot, but somehow felt like you weren't really moving forward? What happened?
2. Paul had already accomplished a lot, yet he said he had not "already attained" and continued to press on. What does this teach us about spiritual maturity and what it means to keep growing as a Christian?
3. Paul also talked about forgetting what is behind and reaching forward to what is ahead. Why do you think both our past successes and our past failures can keep us from moving forward in our relationship with Christ?
4. Where do you tend to get stuck: becoming too comfortable with how much you already know, getting distracted by too many things, or giving up when following Christ becomes difficult? Why?
5. What is one area of your walk with Christ where you know you need to stop coasting and start pressing forward again so that you can keep growing in your relationship with Him? What would taking one practical step look like this week?

Pray

Close your time together with prayer.